

Newsletter

Contact Us

St Bernadette's Parish School, Lalor Park



18 Wheeler Street (PO Box 4161)

Lalor Park, NSW 2147 **Phone:** 8869 6400

Email: stbernadetteslpark@parra.catholic.edu.au Website: www.stbernadetteslalorpark.catholic.edu.au

Parent Group Email: sbparentgroup@gmail.com Canteen: sbcanteen@gmail.com



September

27th Term 3 Ends

October

14th Term 4 Commences (Summer

Uniform)

23rd Kindergarten Transition

25th Grandparents Day

27th Stage 1 Family Mass 10am

30th Kindergarten Transition

November

4th Basketball - Stage 3

8th Spring Fair

December

5th Christmas Craft Stall

Christmas Concert

11th Infants Water Fun Day

Swimming Carnival

17th End of Year Whole School Mass and

Year 6 Graduation Ceremony 10am

Year 6 Dinner Dance

18th Last day for students

Year 6 Afternoon Tea (Parents to

provide)

See more ...

Principal's Message

We would like to thank all the students, parents and staff for their commitment to learning and the broader life of the school throughout Term 3. Many great things occurred throughout the term including;

- Stage excursions and incursions
- Stage 3 Vision Valley camp
- Sports Gala Days
- Voice of Youth
- Sports Representative Days
- Sacramental Programs
- Book Week
- Father's Day
- Sports coaching Basketball and Touch Football
- Environmental Team

Once again a very busy term for the school with many additional opportunities for the students.

A reminder that Mr Crothers will be the Acting Principal for the first two weeks of Term 4. Our other members of the Leadership Team will continue in their current roles.

Kindergarten Transition will commence in week 2 of next term. If you have not enrolled your child yet or know of a family that needs to enrol a child it is now urgent that this occurs.

This week I met with Zeina Yacccoub and Carmen Bonello from the Parent Group to discuss how the Spring Fair is progressing. The team have been working on some exciting changes for our Spring Fair. I encourage all families to lend a hand and positively support the Spring Fair. All proceeds go directly to supporting the school. Thanks to all the parents for their continued work in not only organising the Spring Fair, but all other events held throughout Term 3. Our parent volunteers are a vital element of the school community

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who work to support all children in the school.

was recently emailed the, 'School Holiday Kindness Challenge'.

lt is a 14 day school holiday challenge to give students (and parents) a positive focus over the 2 weeks. We actually don't need a reason to be kind, however more of it in our world is only a good thing! Kindness is always a choice. The more you practice it, the more natural it becomes.

THE CHALLENGE: Practice being kind each day for 14 days by choosing 1-4 ideas from the lists below. You can choose from one category or all four each day. Choose your level of kindness and add your own ideas.

I hope some of you take up this challenge. I look forward to discussing how you went.



KINDNESS to SELF

- · Do something that makes you happy today · Exercise for 10 minutes
- and get you heart • Smile more often
- Avoid complaining for the entire day · Create a new game and
- play it with friends and family · Take time to practice
- mindfulness • Take long slow deep breaths for 3 minutes
- Listen to your favourite 000

KINDNESS to FAMILY

- without being asked Express your gratitude to your family
- Play a game with a family member Wash Mum or Dad's car
- · Make a handmade card for someone in your
- Tidy up after yourself Surprise a family member by doing their Job for them
- Leave a special note on a family member's

KINDNESS to OTHERS

- Write a letter or note to someone out of town and post it
- Bake a cake or your favourite food and deliver it to a friend or someone in need
- · Find opportunities to give compliments today
- Say "thank-you" as much as possible
- · Hold the door open for the person behind you · Do something kind for a
- Creet people with a Hug, High Five or Handshake

KINDNESS to PLANET

- Use less plastic
- Drink from a reusable water bottle
 Turn off the lights when you leave the room Use reusable shopping
- · Pick up 5 pieces of
- litter Walk more, drive less
- Recycle
 Make a piece of art work from recycled materials (59)



NAPLAN

Last week individual student NAPLAN results for students in Year 3 and 5 were sent home. I want to highlight one of the messages available on the nap.edu.au site directed to parents,

NAPLAN tests the sorts of skills that are essential for every child to progress through school and life, such as reading, writing, spelling, grammar and numeracy. It is important to remember that NAPLAN is not about passing or failing, but about assessing learning progress. At the classroom level, it is one of a number of important tools used by teachers to measure student progress.

At school we have already begun analysing NAPLAN results to determine our future focus as a school. As stated NAPLAN is about learning progress throughout a child's school life. Naplan was also completed two terms ago, much learning and progress has occurred since then!

NAPLAN is a valuable assessment tool, but it is not a complete indication of how a child is progressing. A child is much more than a NAPLAN result. NAPLAN reports on very specific areas of the curriculum and omits many others. Additionally each and every child has many unique gifts and talents that NAPLAN can't capture. NAPLAN doesn't assess creative ability, sporting ability, social and emotional skills, speaking skills, science, geography, history, individual learning styles, the list goes on and on. It is one test on one day that we will use to improve our teaching and therefore improve student outcomes.

l would encourage any parent who is unsure about their child's result or has questions that need answering to contact their class teacher.

Have a great holiday break.

Phill Kapitanow

Principal

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PBS4L

As part of our PBS4L award system, each class is able to collectively work towards a whole class reward for positive behaviours. Teachers hand out tokens that are collected in individual class boxes. The reward for receiving these tokens is negotiated between the Teacher and Students in each class and approved by the Leadership team.

R ESPPECTFUL SAFE

Over the last couple of weeks some classes celebrated receiving their class tokens:

Stage 1 celebrated with extra sport time

Stage 2 Blue celebrated with a pyjama day

Year 5 celebrated with a movie and popcorn

Year 6 celebrated with a pizza lunch.

Well done to those classes on being respectful, being responsible, being safe and being learners.

Congratulations to the following students for being the first group to receive a Bronze Award:

Athalya Alemao Bronte Fitzroy
Maxine Gesilva Janaya Buhagiar
Vivian Menon Emma Elias
Emma Attard Marcus Mansour
Matthew Yaacoub Ella O'Shea
Oscar Sweeney Dier Majak

We look forward to seeing them wearing their new Bluey pin with pride.



Sports Update - Mrs Huntington

On Friday 13th September, eighteen enthusiastic Stage 2 students represented our School at the Touch Football Gala Day at St Mary's. Both teams played six games and each student improved throughout the day. The boys team was undefeated, coming first in their pool and the girls team showed determination and persistence. Miss Antonelli and Mrs Mogan were extremely proud of all of the students and their positive



attitudes, their words of encouragement and the great sportsmanship they all displayed.

It has been a wondrful term for sport with the children having many opportunities to be apart of representative teams and new class sport programs. I would like to thank the children for their positive attitude and overall participation in each of the programs. It is also important to thank the teachers who work with the children to prepare them for the gala days and the seamless coordination on the day.

In term 4 we will again be running an additional program for all the children. We have received another grant from Sporting schools and have invited Cricket Australia to run their program for the first five weeks. This is a great opportunity for the children to again, experience a different sport and develop a new range a skills.

Congratulations to Dominic and Julio Tatupu who competed at the NSWCPS MacKillop Track and Field Championships. Dominic has qualified to move forward in both Discus and Shot Put. He will compete at the NSW PSSA Championship held in November. We wish him luck and look forward to hearing about your acheivements.

A reminder that Stage 3 will compete at the Touch Football Gala day this Friday 27th September. Please meet Miss Fajloun and Ms Ruff at Kingsway Playing Field St Marys.

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Literacy with Mrs Maher

As the holidays draw near, it is important that students continue to read and develop their Literacy skills during the break. Reading improves vocabulary and increases creativity. Students also have a better chance of writing exceptional written work from reading widely. While reading, students unconsciously absorb the grammar and writing style of the author. Reading compels us to think about complex ideas.

PERFECT
HOLIDAY READING

Some activities students could participate in during the break are:

- Writing a story for the writing competition featured in last week's Newsletter. Entries will need to be handed to the class teachers by Friday Week 2 of Term 4.
- Practice some of the Sound Waves spelling rules using the online phonics subscription that the school has purchased. All students can access this program through their personal logins on an IPad, tablet or computer. This is a great opportunity to revise and practice learning encountered during the term.
- Read, read, read anything that interests your children. Read to your children, read with your children and listen to your children read, no matter what their age. All students in Years 3 to 6 have copies of The School Magazine for their personal reading. Visit your local library, it's a fun, free activity.





Thank you for your continued support and have a good rest.

Lorraine Maher

Literacy and Diversity Leader.

Summer Haircuts

In preparation for the start of Term 4 many parents will get haircuts for their children. We ask that parents take note of the school expectations outlined in the Parent handbook.

Haircuts and hairstyles should be sensible, neat and tidy—no hair colours, highlights, streaks or unusual styles are allowed. This includes rats tails, stripes and the excessive use of gel, etc.

Long hair needs to be tied back. No undercuts, no ponytails or buns for boys. Boys haircuts are to be no shorter than a level 2 and hair must be off the face.

Whilst some hair styles may be fashionable they are not part of the St Bernadette's community expectations. At this time I would highlight boys hairstyles that are pushing the limits of expectations and may need to be addressed during the school holidays.



Where We Learn and Grow Together

From our REC

Congratulations to all the students who have received the Sacrament of First Holy Communion.

The word 'communion' means to be united with; Catholics believe that in Holy Communion we are

united in a special way with Jesus Christ. The first reception of Eucharist marks a key step in the initiation of your child into the community of the church. The celebration of First Communion Mass is a special occasion for the whole parish community. Thank you to Father Andrew, Madge Miranda and all the parish members and families who supported the students in their preparation. Thank you also to the teachers who attended.



10:00am 25th October 2019

Grandparents Liturgy

Picnic Morning Tea

Open Classrooms





Peace and Blessings,

Suzie Stapley

Acting Religious Education Coordinator



6 weeks to go!



Photos recently added to our website Photos

Our Garden

Stage 3 Camp



Note that have been sent home recently:

- Spring Fair Septemer Newsletter
- Canteen Volunteer



School Notes

Where We Learn and Grow Together



ST BERNADETTE'S SCHOOL AND **PARISH SPRING FAIR**

Friday 8th November

This will be our Fete page until November.

Keep a watch on this page to see what we have organised for our Fete.

Fete Update

Can/Water Collection - Thank you to all the families who donated cans and water for the fete. We reached our target which was great.

A big congratulations to SW1G who brought in the most cans/water bottles. They have won a pizza unch.

September Collection - Bags of chocolate and lollies are required for this month. Please send in a bag to be placed in the fete box.

White Elephant - White elephant stuff can be dropped off on Wednesday from 8.45am til 9.45. Please ensure that items are boxed and labelled.

Raffle Tickets - Raffle tickets were sent out last week to all families. Please do your best to sell them.

All tickets must be returned sold or unsold back by 25/10/2019.

Ride Bands - Notes for ride bands will be sent out next term.

Showbags - Notes for showbags will be sent out next term.



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St Bernadette's Garden





As the Term drew to a close, the students were busy placing succulent cuttings in pots, in order to sell for the Year 6 'end-of-year' fund raiser ... a very worthwhile cause! There was still watering and weeding to do and then, thankfully ... down

came the rain! Meanwhile, the "Let's Cook and Create" students were cooking up a storm making Veggie Fritters, with potatoes, carrots, spring onions, zucchini and parsley ... very tasty!!







To be part of the learning and fun make contact via: <u>claresgarden118@gmail.com</u> and visit http://kitchengardensinschools.blogspot.com or the school office on 8869 6400 or stbernadetteslalorpark.parra.catholic.edu.au for more photos from the garden

Mad Hatters Tea Party For

Mental Health

Friday 4th October 2019

Chifley Park, Freeman Street, Lalor Park

10AM-2PM

Fancy Dress

Join us to create awareness of

Mental Health in our Community

Service Providers, Displays, Games, Food,

Sweets and Treats





For further information contact DanielleRG on 0410024918



Lolly Day at the Canteen

Our Canteen will be selling lollies tomorrow (Friday) at lunch time.

10 cents to \$2.00

Thank you t our wonderful volunteeers



Where We Learn and Grow Together



Can you believe there's only one week until school holidays?

Starting next Monday, we're taking the children on a journey of exciting adventures, self-discovery and creative expression. Hurry in and join us at

Superhero School Holidays!

Every child is unique, as are each of our Holiday Club service programs. You can access any of our 230+ services across Australia. Pick a service close to home, work or maybe at your holiday destination — the choice is yours!



Book now. To find out where and when these activities are on during the school holidays and join in the fun, visit: www.campaustralia.com.au/holidayclubs.

Plus, every attended booking gets an entry into our competition. Your family could be on your way to the sunny Gold Coast. See our website for more info.

We look forward to seeing you at Superhero School Holidays.

The Camp Australia Team

Conditions apply, see https://www.campaustrele.com.au/promotion-terms-end-contikions. AU ner 13+, Staris: 9/8/19. Ends: 11:59pm AEDST 20/10/19. 1 entry pysession g/child booked. Child must attend session for entry to be velid. Draw: S5 Erins Pleze, 210 Central Coast HWY. Erins NSW 2250 at 10em AEDST on 22/10/19. Winners at campaustrele.com.au/femilies/holids.club (& The Advertiser for any SA winners) on 25/10/19. Prizes: 1x trip for 2 eduits & 2 children (12yrs & under) to Coolergatte, QLD valued at \$6,600; & 8x \$500 travel vouchers. Promoter: Camp Australia Pty Ltd (ABN 96 050 703 120) of 1731 Malyam Rd, Glan Ms, VIC, 3145. Pennits: NSW. LTPS 19 36126.ACT, TP19 03714 SA. T19 1121.

Where We Learn and Grow Together

St Bernadette's Parish, Lalor Park

Parish Priest: Fr Andrew Robinson Secretary: Mrs Bev Baxter
Office Hours: Tues, Thurs & Fri 9am to 4pm Telephone: 9672 4037
Email: admin@stbernadetteslalorpark.org.au Fax: 9671 5377

Web Page: <u>www.stbernadetteslalorpark.org.au</u>

Mass Times at St Bernadette's Parish

Mass: Saturday Vigil 6pm; Sun 8:30am & 10:00am

Children's Church - Sat 6pm; Sun 10am except school holidays and at First Communion times.

Blessings at all Masses for children.

Youth Mass at 6pm Vigil Mass on 4th Saturday of the month.

Weekday Masses: Tuesday, Thursday, Friday and Saturday 8.45am

Wednesday 7pm Exposition, Devotions to Mary Immaculate and St Bernadette. Mass at 7:30pm **Exposition of the Blessed Sacrament** on Tuesday, Thursday, Friday & Saturday 8:15am-8:45am Saturday 9.30am to 10.30am and 4.30pm – 5.30pm. First Saturday of the Month 8:30am

Reconciliation: Saturday 9.30am - 10.30am & 4.30pm - 5.30pm

NB: No reconciliation in the morning on the First Saturday of the month

SPRING FAIR

The Spring Fair will be held on Friday, 8 November from 3.30pm. This is a major fundraiser for the School and is open for all the community to attend. If you would like to help in any way please contact Zeina on 0411.185.121. Raffle Tickets will be sold after Mass on :-

Saturday 5 October, Sunday 6 October and Saturday 12 October and Sunday 13 October

Tickets are \$2 each.

Raffle Prizes: 1st \$1,000 gift voucher –store of your choice

2nd \$\$500 gift voucher-store of your choice3rd \$250 gift voucher-store of your choice

POINTS OF INTEREST

(Luke 16: 1-13)

· One of the dominant themes in Luke's Gospel is the right use of money and the need to beware of becoming distracted by it from the pursuit of God

- A measure of oil was around 35 litres so 100 measures was a considerable debt
- A measure of wheat was about 10 bushels so, again, a considerable debt
- · In Jesus' time, wealth was seen as a reward for virtue so these words were a great challenge

FAMILIES

Let us pray that families, through their life of prayer and love, become even more clearly 'schools of true human growth'. Families are the best possible legacy for the world and for the future. The Pope is asking us to pray that families may live as the 'domestic Church', a community of grace and prayer, in a dynamic consisting of:-

Encounter Learning Forgiveness Dialogue Sharing Love

Along these lines, the Holy Father warns against some challenges that affect family communication today:-

- Distraction and addiction to technological devices
- Anxiety about the future without sharing in the present
- Impatience and an inability to listen to others
- The predominance of defensive attitudes
- · Hostility and intolerance that don't favour participation
- Narrow-mindedness that closes in on itself and is obsessed with few ideas
- A lack of gestures of concern and of shows of affection

"Love surmounts even the worst barriers. When we love someone, or when we feel loved by them, we can better understand what they are trying to communicate". Pope Francis