

2019 Term 3 Week 8

Newsletter

Contact Us

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St Bernadette's Parish School, Lalor Park

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September

13th	Disco - Spooky Theme

14thFirst Communion 6pm15thFirst Communion 10am

20th STAFF DEVELOPMENT DAY

- 21st First Communion 6pm
 22nd First Communion 10am
 22nd Youth Group 6 7.30pm
 23rd Primary Showcase All Welcome 2.30pm
 24th Infants Showcase All Welcome 2.30pm
 25th Environment Team to Lalor Park
- Community Garden
- 27th Term 3 Ends

October

Term 4 Commences (Summer Uniform)

November

8th

14th



See more ...



From Our Principal

Book Week

Two weeks ago we celebrated Book Week. The 2019 theme was 'Reading is my Superpower'. We celebrated the joy and gift of reading throughout the week. The annual book parade is always a fantastic celebration of the great characters found in children's books. The book parade is always an impressive display representing students ideas and parent ingenuity.

Our Year 4 and 5 students were asked to perform for the first time this year since beginning formal music instruments. This was an opportunity for the students to shine and show what they have learned. I was extremely proud of their performance. The staff from Captivate continue to do an amazing job as they continue to build a culture of music in the school. We are currently discussing how this program will look in 2020.

Father's Day

On Thursday the 29th of August we celebrated Father's Day by holding an early morning BBQ breakfast, followed by prayer and an opportunity for dads to visit classrooms. The morning was well represented by our dads and grandfathers! I particularly noted the dads presence in the Book Fair purchasing reading material for their children.

Stage 3 Camp

Last week our Stage 3 students went on camp to Vision Valley. The staff and students have reported that this

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was an extremely positive experience for our students. The camp allowed students to experience different outdoor activities including canoeing , archery and challenged them to work together. A special thanks to the staff and parent volunteer for giving up their family time to attend the camp.

Touch Football

Last week the students begun learning how to play touch football. The school applied for and received a grant from Sporting Schools to facilitate and pay for this program. A similar grant was accessed to pay for the basketball program students attended earlier in the term. These programs allow students access to professional coaching and equipment not owned by the school. A special thanks to Mrs Huntington for organising these programs.

Spring Fair

A huge thank you to all the parents who are actively supporting the Spring Fair. The Spring Fair, formally our fete is the largest fundraiser for the school. All proceeds are used to purchase equipment that will benefit students. This year we will try something different by moving to a Friday night format. It's different and presents its own challenges, but it can and should be a successful community event. The Spring Fair depends on the support of all families. The more families represented in the organisation and running of the spring fair the lighter the work for all. In this case the old saying, 'Many hands make light work' is true. If your unsure of how you can help contact the school office.

Enrolments

Enrolments for 2020 are building steadily. If you have a child that you intend to send to school in 2020 you should approach the school office to begin this process. Similarly if you know of families considering enrolling their children in Kindergarten next year a helpful reminder of what is offered at St Bernadette's may be helpful.

Wearing full school uniform is a whole school expectation. We are noticing that students wearing incorrect shoes and jumpers is becoming more obvious. Could all families attend to these issues and fully support the school uniform expectations.

Summer Uniform

Summer uniform may be worn in Weeks 9 and 10 of this term if the weather heats up. A reminder that if you choose to wear summer uniform is must be completely summer and not half and half.

Have a good week

Mr Phill Kapitanow

Principal

Spooky Disco Friday 13th September - TOMORROW

SPOOKY Disco' will be held tomorrow Friday 13th September, 6pm - 8pm in the School/Parish Hall.

Admission cost is \$5 per child or \$10 per Family. (Free Entry for Adults) ALL children must be accompanied and supervised by an Adult for the duration of the disco. Admission cost will include a drink and treat for each child.

Please BYO Nibbles / Dinner and Drinks. Additional drinks and snacks will also be available to purchase on the night along with glow sticks.

KIDS & PARENTS COME ALONG DRESSED UP IN YOUR SPOOKIEST COSTUME



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First Holy Communion

We wish our students well who are making their First Holy Communion this weekend and next. Masses will be on Saturday 14th at 6pm, Sunday 15th at 10am, Saturday 21st at 6pm and Sunday 22nd at 10am. All families are welcome to attend and support our students.



Photos recently added to our website

Our Garden



Q

Stage 3 Camp

Photos

notes

Note that have been sent home recently:

- Yr 6 Pizza Lunch
- Touch Football
- White Elephant Info
 - **School Notes**

Lalor Park Preschool Annual Fete **BER 2019**

9am to 1pm

Jumping Castle

Gift packs * White elephant stall * Plants * Stage Performances * Auction * Raffle * Clown * Cake stall * Face painting * Tea & Coffee & Much More!

Chifley Park and Community Hall Freeman street Lalor Park

> Ph: 02 9674 8155 Email: director@lalorparkpreschool.org.au



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Great fun for all ages!

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PBS4L

For the next week our PBS4L focus is: "Encourage, support and share ideas with others".

In our classes and on the playground, students will talk about and practise:

- being team players
- encouraging and supporting each other

- sharing ideas and working collaboratively.

Students will be aware that at St Bernadette's, team players work

with others to achieve a common goal. When we are team players we make sure that everyone is able to learn well and that everyone has a turn.

We ask parents to be supportive of this and talk to your children about what they are learning and how they will behave while at school.

Sports Update - Mrs Huntington

Reminder:

Stage 2 Touch Football Gala Day - will be held on Friday 13th September at Kingsway Playing Field St Marys.

Stage 3 Touch Football Gala Day will be held on Friday 27th September at Kingsway Playing Field St Marys. Please ensure your permission slip and entry fee has been returned to school.

We have completed our Aussie Hoops Basketball program and would like to thank the children for their high level of enthusiasm and participation. They have learnt so much and it was a pleasure to watch them improve each week. If any children are keen to continue to learn Basketball skills please go to

https://aussiehoops.basketball/ for more information.

The children have now begun the weekly Touch Football program which will continue until the end of this term. This is perfect timing to give our Primary children an opportunity to brush up on their skills before heading to their gala days. The Infants children are enjoying learning new skills and understanding a new game.



Congratulations to the following students who represented Blacktown at the Diocesan Athletics Carnival. You all performed your best and we are very proud of your achievements.

Julio Tatupu Dominic Tatupu Georgia Nash Jwodho Mugo

We wish Dominic Tatupu and Julio Tatupu the best of luck as they go on to represent Parramatta at the NSWCPS MacKillop Track and Field Championships.

Mrs Huntington





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Literacy with Mrs Maher

Writing Stimulus Winners

It's not everyday a magical lamp appears in the school library!! Whoever rubs the lamp will be granted any superpower!! The students were asked to write any type of text that highlighted their superpower and how it was to be used. The winning texts are on display in the library until the end of term. Congratulations to all the students, there were so many excellent texts to choose from that it made the task of choosing the winners very difficult.

Congratulations to the following students for their winning entry texts.

Early Stage 1: Francis Johnson and Finlay Adams

Stage1: James Touma, Alex Zaroutski, Jyena Deka, Eloise Cleary, Zarina Jaffar and Eva Dela Fuente

Stage 2: Chloe McHugh, Angela Pilayre, Monique Tadros, Cohen Winley, Lance Taulia and Mariska Alemao

Stage 3: Vivian Menon and Liam McNulty

Writing Competition by Kids News

Kidsnews.com.au is giving budding authors the chance to win an iPad, HarperCollins book pack and have their own story published as a book for 10 family members and friends.

Students can write a short story on any topic of their choice or use the Story Starters ideas that their teachers have to write their story.

For entrants aged 11 years and over, the short story must be between 500 and 1000 words. For entrants aged 10 and under, the short story must be between 250 and 750 words.

Students who wish to enter, will bring a permission note home for parents to sign and I will email all entries to Kid News. All stories will need to be ready Friday of Week 2 Term 4. Student will have time at school to write their stories and can work on them at home too. Good luck to everyone!



Mrs Lorraine Maher



NO SCHOOL ON THIS DAY

SHOWCASES FOR TERM 3

Monday 23rd September - Primary

Tuesday 24th September - Infants

Gate will open at 2.30pm. Parents are to sign in and will exit via middle gate to playground to wait for students.





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Library News

Premier's Reading Challenge

Congratulations to Lucas M (S1), Chloe M (S2) and Marcus M, Jake H, Oscar S and Reno R (S3) who have completed the Premier's Reading Challenge for 2019. What a great effort!

The Premier's Reading Challenge is now closed for 2019. Congratulations to all the students who participated in the challenge this year. This year we had 70 students from St. Bernadette's who completed the challenge. All of these students will go into the draw to win some great prizes in the raffle at the end of term.

Book Week 2019

Vocabulary Parade - We all had a wonderful morning at the Vocabulary Parade on Tuesday 27th August. There were so many interesting and unusual words represented, and very creative costumes throughout the school. It was fantastic to listen to the students explain the meaning of their chosen words. We hope that the Vocabulary Parade has highlighted the importance of the 'power of words' in reading, writing and speaking.

Congratulations to all the students who received certificates and prizes for the Writing competition and Colouring-in competition. All winning entries are displayed in the library.

Well done to the Year 4 and 5 students who participated in the Band performance. For many of these students, it was the first time that they have performed as a band. Thank you to the teachers from Captivate who have worked hard to put these performance pieces together.

The morning concluded with a picnic morning tea. Thanks to the parents, grandparents and other family members who came along to join in the fun and support our school. It was a great time had by all!!!

Book Fair

The Scholastic Book Fair was a great success this year. We had so many families visiting the Book Fair to purchase some of the many books, posters and stationary items that were for sale. Thank you to the families who have donated books to our school library. It is greatly appreciated! The school receives a commission on the number of books that are sold at the Book Fair that will go towards purchasing new books and resources. Thank you to everyone who visited the Book Fair during Book Week.

Author Visit

On Monday 2nd September, the author, Louise Park visited our school to talk to the students about her books, her job as an author and the process of writing books. The students at St. Bernadette's asked great questions and had some fantastic writing ideas for Louise. Louise talked about her books and donated a copy of her latest book, 'Grace's Secrets' to our school library. Some of Louise's Books include, Zac Power series, Star Girl series and Boy V Beast series. All of these series are available in our school library.



Library Borrowing

This is the last week of library borrowing for this term. All library books are to be returned next week. In Weeks 9 and 10, I will be sending out reminders for overdue library books. If your child has a lost or damaged library book, please contact myself or the school office.

Thank you, Mrs Monique O'Brien (Teacher Librarian)

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Science Experiments

Early Stage 1 Science

This term in Science, Early Stage one have been investigating how the physical characteristics of objects influence movement. This Early Stage one strand allowed students to investigate how push and pull forces create movement and introduced the fundamental concepts of force and motion. To finish off the 'On the Move' unit, students designed and made a moving toy. Thank you to the parents who helped their child to design their moving toy and provide the materials they needed for them.

Stage 1 Science

This term in Science, Stage 1 have focused on the identification of light and sound energy, and how they are sensed and produced.

To finish off the, 'Look! Listen!' unit, students designed and made a musical instrument. Thank you to the parents who helped provide materials for their children.





Stage 3 Camp

On Thursday and Friday Stage 3 visited Vision Valley for an overnight camp. Students participated in many team building activities and ice breaker games. Students took part in archery, canoeing and conquering the vertical playpen. Overall, both students and teachers had a great time in the outdoors.

A huge thank-you for Mr Boustani for volunteering his time to assist during camp.

Camp was fun and I loved canoeing- Zara Atie- STG3-5

enjoyed hanging out with my friends at the disco- Danniela Rodriguez - STG3-6

My favourite activity was the vertical playpen and the teachers participated too- Maxine Gesilva- STG3-6

l enjoyed archery - Victoria Commins- STG3-6

l liked canoeing and archery because its hard but fun- Kurtis Jackson-STG3-5

Some photos have already been uploaded to our website but there are more to come. Keep an eye on our galleries for more camp photos.

Stage 3 Teachers and Staff





Camp Photos

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ST BERNADETTE'S SCHOOL AND PARISH SPRING FAIR

Friday 8th November

This will be our Fete page until November. Keep a watch on this page to see what we have organised for

our Fete.

Stage 1 White - 22

Stage 2 White 96

August collections will be for **soft drink cans and bottles of water**. This is our major collection and will run for the whole month of **August**. The number of cans / bottles will be collated and the class who collects the most will win a pizza lunch.

Early Stage 1 Gold - 34

Stage 1 Gold - **224**

Stage 2 Gold - **212**

Stage 3 Year 6 - 214

Early Stage 1 Blue -**104**

Stage 1 Blue - **204** Stage 2 Blue - **128**

Stage 3 Year 5 - **98**

The winning class will be advised of the pizza lunch date asap.

September Collection

During the month of September we will be collecting bags of chocolates (Share packs) and lollies. Please bring them in and give them to your teachers.

Raffle tickets will also be sent out this month. Each family will receive a book of 10 tickets. These are to be returned sold or unsold before fete day.



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St Bernadette's Garden



More Photos

While some special characters helped with the watering and potting in the garden ... (maybe they had come from the Book Parade!) the *Environment Team* found innovative ways to re locate the *Succulents*, *"Mother-in Law's Tongue* and a *Scarecrow,* in need of a *make-over*, to the *'yet to be named'* garden!





For the *Environment Team*, it was a case of "*all hands on deck*" as they carefully, (yet joyfully!) transported the succulents, mother-in-law's tongue and a scarecrow (in need of a make-over!) to the new garden area! While in other areas of the garden, some interesting characters, were popping up!

"Last chance to name the new garden ... last entries no later than next Wednesday morning. "



www.healthykidswesternsydney.com.au



Healthy Eating . Get Active . Manage Screen Time . Healthy Menus, Lunchboxes & Canteens

The Healthy Kids Western Sydney website is the 'go to' place for healthy eating and physical activity related programs and resources for children and families in Western Sydney. Our aim is to support parents, carers, early childhood educators, teachers, health professionals, kids and teens to make healthy choices. We provide a "one stop shop" of current and credible information, resources, programs, training and support materials about healthy eating, physical activity and reducing screen time

You'll find all the free programs that sit under the NSW Healthy Children Initiative – Munch & Move (early childhood settings), Live Life Well @ School (primary schools) and Go4Fun (healthy lifestyle 10 week program for families of 7-13 year olds).

There are events (eg. teacher professional development) that you can sign up for on the website. You can also contact the relevant team to ask questions or make requests.

www.healthykidswesternsydney.com.au

To be part of the learning and fun make contact via: <u>claresgarden118@gmail.com</u> and visit <u>http://kitchengardensinschools.blogspot.com</u> or the school office on 8869 6400 or <u>stbernadetteslpark@parra.catholic.edu.au</u> Please see our website <u>www.stbernadetteslalorpark.parra.catholic.edu.au</u> for more photos from the garden

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Fun without the sun!

Tips to staying dry this Winter.

Needing some help coming up with ideas on what to do with the children this wet season? Well, at Camp Australia, we're experts at having fun, regardless of what's happening with the weather. Rain, hall or shine we always have something fun for the children to participate in!

Here are a few wet weather activities to keep out of the rain:

- 1. Cook up a storm! In OSHC we have a Camp Australia Cookbook full of healthy fun recipes.
- Make jigsaw puzzle from magazine pictures, postcards or photos. Glue the pictures onto cardboard and when the glue is dry, cut it into puzzle shapes. Then piece it back together!
- 3. Create a board game let the children come up with the rules and teach their friends how to play.
- 4. Turn on the music, turn off the lights and have a disco or you could even have a dancing competition.
- Dress ups! Who doesn't love dressing up as their favourite superhere, or TV character? The children could even write their very own scripts and put on a drama performance for their friends.

So much fun to be had in Before and After School Care. If you would like to learn more about how we operate our OSHC service, please visit before or after school and your Coordinator, will be available to answer any questions.

If you prefer to call us, you can contact our Customer Care on 1300 105 343. The team are available 24 hours a day, 7 days a week (except National Public Holidays).

We look forward to seeing you in service soon!

The Team at Camp Australia

Safety · Meaningful · Innovative · Leadership · Education we make Kids smile

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School Holiday Gymnastics Clinics

For boys and girls in Kindergarten and above

Come and experience the fun and excitement of

gymnastics

- Fun in a safe and structured environment
- Qualified and Professional Coaches
- Olympic Standard Equipment
- Foam Filled Landing Pits
- Trampolines
- Affiliated with Gymnastics Australia and NSW

Full Day Sessions (9.00am-3.00pm)

Half Day Sessions (9.00am-12.30pm)



\$50.00 per day \$40.00 per session

30th Sept – 4th Oct and 8th Oct – 11th Oct

Term 4 2019

Enrolments Now Being Taken

Classes for Boys and Girls 2 years and above

Book now on 9620 8323 or sydacgym@hotmail.com Unit 7/32 Artisan Rd, Seven Hills Unit 5/1a Gibbon Rd, Winston Hills The Ponds High School, Wentworth St, The Ponds



Up to 6 months Approved rear taking child car seat



6 months to 4 yrs Approved rear or forward facing child car seat



4+ years Approved forward facing child car seat or booster seat



145cm or taller Suggested minimum height to use adult lup-sish seafbet

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St Bernadette's Parish, Lalor Park				
Parish Priest:	Fr Andrew Robinson	Secretary:	Mrs Bev Baxter	
Office Hours:	Tues, Thurs & Fri 9am to 4pm	Telephone:	9672 4037	
Email:	admin@stbernadetteslalorpark.org.au	Fax:	9671 5377	
Web Page:	www.stbernadetteslalorpark.org.au			
Mass Times at St Bernadette's Parish				
Mass: Saturday Vigil 6pm; Sun 8:30am & 10:00am				
Children's Church - Sat 6pm; Sun 10am except school holidays and at First Communion times.				
Blessings at all Masses for children.				
Youth Mass at 6pm Vigil Mass on 4th Saturday of the month.				
Weekday Masses: Tuesday, Thursday, Friday and Saturday 8.45am				
Wednesday 7pm Exposition, Devotions to Mary Immaculate and St Bernadette. Mass at 7:30pm				
Exposition of the Blessed Sacrament on Tuesday, Thursday, Friday & Saturday 8:15am-8:45am				
Saturday 9.30am to 10.30am and 4.30pm – 5.30pm. First Saturday of the Month 8:30am				
Reconciliation: Saturday 9.30am – 10.30am & 4.30pm – 5.30pm				
NB: No reconciliation in the morning on the First Saturday of the month				

PARISH LENDING LIBRARY.

The free lending library of Catholic Literature, operated by the Parish St Vincent de Paul Society, is open each weekend after Mass. The library operates from the Piety Stall. Books can be borrowed for one month and returned to the Piety Stall. A list of resources is available in the Piety Stall for your perusal. ALL parishioners are invited to use this facility.

SACRAMENTS OF INITIATION PROCESS—FIRST HOLY COMMUNION

Parents of children receiving First Holy Communion on 14/15 September are reminded to bring your child for practice on Thursday, 12 September at 7.00pm in the Church.

For those receiving Communion 21/22 September, practice will be on 19 September at 7.00pm in the Church.

Thank You, Madge Miranda.

WE ARE A EUCHARISTIC PEOPLE - INVITATION

Parishioners who are available to come to one or more daily Masses for the Daily Eucharistic Community. Let us continue to gather as often as we can, to celebrate this special gift that Jesus gave to us. Our united prayer with Jesus will be a blessing for everyone in our Parish Family.

Fr Andrew.

Daily Mass:

Tues, Thurs, Fri, Sat at 8.45am

(Rosary celebrated before Mass) at 8.15am

Wed—Devotions to Mary and St Bernadette 7pm Mass—7.30pm

Exposition of the Blessed Sacrament:

Tues, Thurs, Fri 8.15am - 8.45am

Wed - 7.00—7.30pm

Saturday, 9.30am-10.30am (except on 1st Saturday of the month)

Saturday, 4.30pm - 5.30pm