



St Bernadette's Parish School, Lalor Park
18 Wheeler Street (PO Box 4161)
Lalor Park, NSW 2147
Phone: 8869 6400

Newsletter

Website: www.stbernadetteslalorpark.catholic.edu.au

Principal's Welcome Message

Welcome Back

I hope you had an enjoyable Christmas break. For me Christmas break is the opportunity I need to relax and recharge before the school year begins. Speaking to staff and students it's great to hear that so many of you managed to do some exciting things in our COVID restricted world. I've heard tales of fishing, beaches, pools, hotels, caravans, family and friends to mention but a few!

Teaching and Learning

As a staff we have been planning for a focused school year. We have been working hard to continue to refine teaching and learning. Our overall learning focus remains unchanged. We have been working for several years to ensure St Bernadette's has a strong learning culture. This learning is supported by;

1. Exceptional professional learning opportunities for all staff that is focused on our school goals.
2. Accountable teaching and learning activities where teachers strive to ensure students achieve next step learning.
3. Data informed teaching where only best practice teaching and learning pedagogies are used.
4. Creating and maintaining a school environment that is safe and supportive.
5. A focus on whole child development.

These are all big items and we have plans in place to continue the work in order to achieve these goals. These include;

1. An approach to teaching and learning that is consistent throughout the school and that is understood and supported by the entire school Leadership Team. Work to improve consistency across the school is evident and our students and staff are responding positively.
2. We use the work of education experts including Lynn Sharratt and Michael McDowell to inform best teacher practice.
3. Wholes school programs including mindfulness, Positive Behaviour Support 4 learning and participation in iPlay Sport program for teachers.
4. Improving opportunities for students including the implementation of a gifted and talented program and employment of an Artist in Residence to support students artistic development.
5. Support of CEDP specialist staff to support our teachers. We will have specialist support for Numeracy, English, Science, Religion and Creative Arts. Such staff will support staff to reflect on teaching and learning in order to improve practice.

ST BERNADETTE'S

Where We Learn and Grow Together

Facilities Upgrades

This year we have two priority projects that will be completed.

1. Partial refurbishment of our Kindergarten Learning Space. This will include new doors and access to the playground which will improve lighting and overall learning appeal in the space.
2. Installation of Solar Panels and LED lighting. This will reduce electricity bills and improve lighting in all spaces.

Covid Update

Covid continues to impact school and daily life. The most notable impact at the moment is the restriction to parent access to the school site. This is ongoing and will effect many events. We will keep you informed as restrictions change.

I want to thank our families for how calm and prepared students have began the year. The learning spaces are extremely settled and students are ready to learn. We have begun our formal Positive Behaviour Support 4 Learning lessons. Our expectations are reviewed and retaught each and every year. Take the time to ask your child about these lessons and support the school's approach to creating a safe and supportive school environment. This week our lessons focus on being a Safe school.

Learning

On Monday I did my first Instruction Walk through each of the learning space. An instruction Walk is a time when I visit each space with the purpose of assessing teaching and learning. This assessment informs next steps for school leaders and staff. My goal is to complete these walks daily at different times with a different focus. I was looking for consistency across stages and a sense of urgency to commence learning. It was affirming to see every class, including the new kindergarten students hard at their work. I saw a variety of numeracy and literacy lessons in all spaces. This is a testament to our staff who understand the need to get focused learning underway as a priority.

I feel privileged to be leading St Bernadette's. This is my fifth year as Principal and my fifteenth year at St Bernadette's. In this time I have seen many changes. Our school community has evolved and it's fair to say that not too much has remained the same. Change is a part of what we do. This year will be no different.

I thank you all for choosing St Bernadette's to be the partner in your child's education. I believe St Bernadette's is a great school and we even better with each and every child, family and staff member as a part of our community. We look forward to the year ahead supporting your students as they continue to learn and develop as individuals.

Have a great week

Phill Kapitanow, Principal

Term Dates for 2021

Term 1: Fri 29 Jan to Thurs 1 April

Term 2: Mon 19 April to Fri 25 June

Term 3: Mon 12 July to Fri 17 September

Term 4: Tues 5 October to Fri 17 December

Please note no Staff Development Days have been included in these dates.



ST BERNADETTE'S

Where We Learn and Grow Together

Mrs Meg Stone - Religious Education Co-Ordinator

Dear parents, guardians and friends of St Bernadette's,

Welcome to the new school year for 2021. I would like to take this opportunity to say how excited I am to be part of the St Bernadette's school faith community and look forward to getting to know all the students and families that belong to our community.

I trust that everyone has had a lovely holiday with your beloved family and friends. On behalf of our school faith community, we warmly welcome our new Kindergarten students and all our new families.

On Wednesday the 17th of February, we will be having an Ash Wednesday Liturgy here at school. For our new families, due to COVID-19 restrictions we are unable at this time to extend an invitation to attend any of these celebrations to you and your closest family members. For those parents and families wishing to attend Ash Wednesday Liturgies you are warmly invited to attend St Bernadette's Church and the times available include 8:45 am and 7:30pm.

All dates for our upcoming School Liturgies and celebrations will be available on our school website calendar.

Have a blessed week everyone.

With Blessings,

Mrs Meg Stone
(REC)



Dates For Your Diary

February

17th Ash Wednesday - Students only

March

3rd School Photos
(Full Summer School
Uniform to be worn)

7-14th Catholic Schools Week
more details to come

9th Enrolment Information Evening
(details to be confirmed)



Sports Day is Friday for all stages in Term 1. All students will participating in gymnastics. All students must wear their full sports uniform.

News Items from all of our Teaching Groups

Leading up to the newsletter each fortnight we will be uploading news items to our website. These news items will showcase work from all of our class stage groups, Literacy, Numeracy, Sport and Health, Science, Creative Arts, Library, Bluey's Patch and Let's Cook and Create. Click on the link below to be taken to our website where you can view all of these news items and see lots of photos in our galleries. **Handy Hint:** Press your back arrow ← to come back to the newsletter



[View our News items](#)

Safer Internet Day - 9 February 2021 eSafety Webinars for Parents/Carers

Dear Parents/Carers

At Catholic Education Diocese Parramatta (CEDP) we see parents and carers as partners in your child's learning journey. In partnership with the eSafety Commissioner, CEDP would like to invite you to join the following free webinar for parents and carers:

eSafety's parent guide to cyberbullying and online drama

- Tuesday 9 February 7.30 to 8.30 pm
- Wednesday 10 February 12.30 to 1.30 pm
- Wednesday 10 February 7.30 to 8.30 pm
- Monday 15 February 12.30 to 1.30 pm
- Monday 22 March 12.30 to 1.30 pm

This live webinar will include case studies, research and targeted advice so you can support the young people in your life to have safe, enjoyable online experiences. All sessions are delivered by the eSafety Commission's expert educators.

About the webinar

The session will cover topics including:

- starting conversations with your child about their online friendships and positive ways to deal with changing relationships
- understanding the rights, laws and community expectations that govern social media use
- where to seek help if your child is involved in a cyberbullying incident.

What you need to do

Please register for the course via the eSafety Commissions website via the following link:

- February 2020 - March 2020 sessions - via <https://www.esafety.gov.au/parents/webinars>

If you have any further enquiries please email safeguarding@parra.catholic.edu.au

Did you know

Your child's best learning time is the start of the school day
just a little bit late doesn't seem much but

He/she just missing,	That equals ..	Which is ...	and over 13 years of schooling that's ...
10 minutes per day	50 minutes per week	Nearly 1.5 weeks per year	Nearly half a year
20 minutes per day	1 hour 40mins per week	Over 2.5 weeks per year	Nearly 1 year
Half an hour per day	Half a day per week	4 weeks per year	Nearly 1 and a half years
1 hour per day	1 day per week	8 weeks per year	Over 2 and a half years

ST BERNADETTE'S DRESS CODE

The student dress code consists of an agreed standard and items of clothing that students at St Bernadette's must comply with when:

- attending or representing their school
- traveling to and from school
- engaging in school activities out of school hours

The Student dress code reflects school community standards and balances the rights of individual students with the best interests of the whole school community. Student dress codes clearly explain and document standards of acceptable or reasonable dress in relation to:

- clothing worn by students, including headwear and footwear
- other aspects of personal presentation of students

In the instance of hardship support, assistance can be provided where there are difficulties in complying with school uniform and dress code requirements.

The following Student Dress Code applies at all times:

- Sport shoes/joggers are only to be worn on sport days.
- Haircuts and hairstyles should be **sensible**, neat and tidy, no hair colours, highlights, streaks or unusual styles are allowed. This includes rats tails, stripes and the excessive use of gel, etc.
- Long hair needs to be tied back.
- Junior navy blue ribbons, scrunchies and hair clips may be worn.
- **NO** ornate or **SHARP** hair clips to be worn.
- **NO** anklets, plaited cords or beads to be worn
- **NO** nail polish

GIRLS – appropriate jewellery consists of:

- signet ring
- sleeper or stud earrings (**one on each ear only**)
- A simple religious chain may also be worn

BOYS – appropriate jewellery consists of:

- signet ring
- simple religious chain may also be worn
- **Boys are NOT allowed to wear an earring**

We would appreciate your help in ensuring your child/children comply with the school's dress standards. We understand that the students are often incapable of making or organising the necessary changes in order to be compliant and so need your help. We expect all students to meet the above standards by Week 3. If you have any foreseen difficulties in doing this please contact your child's teacher or Principal.

If at any time you are unable to send your child to school in the correct uniform it would be appreciated if a note was provided detailing the issue and when we can expect it to be rectified.

Thank you for your support

[f St Bernadette's Official Facebook Page](#)

[St Bernadette's Parent Group](#)

[St Bernadette's School Office](#)

[St Bernadette's Canteen](#)

[School Photo Gallery](#)

ST BERNADETTE'S

Where We Learn and Grow Together

Parking Around The School

It has been brought to our attention that a number of parents are not adhering to the road rules or school expectations when dropping off or picking up children.

Gardenia Grove

It is a long held expectation that parents not park in Gardenia Grove. This is the school's designated Kiss and Drop area and should be kept clear of all other school traffic. Parents are asked not to park in this street so that kiss and drop can run smoothly.

Additionally when waiting in the kiss and drop line parents must adhere to the road rules. These include not waiting in the bus zone, on the curb, across resident and school driveways or in no standing zones. Currently the parking signs in Gardenia Grove state "No Parking" between 8:30am - 9:30am and 3:00pm - 4:00pm. This means any parent arriving before 3:15pm in the afternoon are at risk of parking fines. We encourage you to arrive after 3.15pm when the Kiss and Drop line will be moving.

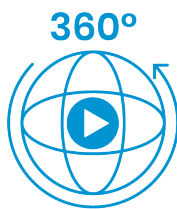
Wheeler Street

Wheeler Street is a busy street during school drop off and pick up times. Drivers must adhere to the road rules including not doing u turns in front of the school. Additionally parking in the bus zone, on curbs or across resident driveways is illegal. It is also suggested that drivers turning right into Gardenia Grove from Wheeler Street do not block Wheeler Street while waiting to turn.

Of most importance is the safety of the children. The road rules and school expectations are in place to keep everyone safe. Saving a few minutes of your time could have severe consequences for others.

Virtual Tour

The Virtual Tour filmed at St Bernadette's is now available on our website for you to view.



School Canteen

The school canteen will re-open from Week 3. It will be open on Monday, Wednesday and Friday each week for counter sales only.



Book Club

The 1st issue of Book Club for this year will be sent home tomorrow with the students. No cash will be accepted. Ordering is online through Loop. Details are on the brochure. Ordering for this issue will close on Friday 19th February





ST BERNADETTE'S NETBALL CLUB INC



REGISTRATION 2021

Date: Saturday 6th February, 2021

Time: Between 12pm and 2:00pm

Where: St Bernadette's Hall Wheeler St, Lalor Park

REGISTRATION FEES 2021^{SEP}

Senior Players (18yrs+): \$280

Junior Players (10-17yrs): \$220

Net Set Go (8-9yrs – Skills and Competition): \$190

Net Set Go (5-7yrs – Skills Only): \$100

Family: 3rd and consecutive junior players in a family are half price

Games are played on Saturdays at International Peace Park (behind Blacktown Aquatic Centre). Training is on Tuesday nights: Juniors 5:30pm to 7pm, Seniors 7pm to 9pm.

Players of all abilities welcome!

Should you have any questions, please do not hesitate to contact us

Phone: Kim Myers (Club President) 0408 025 512

Email: sbncinfo@gmail.com^{SEP}

Website: <http://stbernadettesnc.nsw.netball.com.au/>

Or like us on Facebook for more updates

SCHOOL ZONE OFFENCES WHAT ARE YOU RISKING?



No Stopping

Do not stop near a No Stopping sign.



No Parking

2 min to drop off or pick up, stay within 3m of vehicle.



Bus Zone

Only a public bus can stop in a bus zone.



Help keep our children safe

PENRITH
CITY COUNCIL

Blacktown City Council



positive partnerships

Working together to support school-aged students on the autism spectrum

NSW PARENT/CARER ONLINE WORKSHOP



Join us for an online workshop where you will have the opportunity to listen, share and learn with parents and carers who support young people on the autism spectrum, from across New South Wales.

This online workshop is for parents, full-time carers and grandparents. Join other families to learn more about autism and ways to strengthen the home-school partnership.

During the online workshops, we will cover three topics:

- diversity of autism
- understanding behaviour
- working together with your child's school

Location:

New South Wales
via zoom online

Date:

Wednesday 24th February 2021

Time

Wed 9:30 AM - 2:30 PM (AEDT)



For more information and to register, visit www.positivepartnerships.com.au or contact Alison Macrae amacrae@autismspectrum.org.au



positive partnerships

Working together to support school-aged students on the autism spectrum

NSW PARENT/CARER ONLINE WORKSHOP



Join us for an online workshop where you will have the opportunity to listen, share and learn with parents and carers who support young people on the autism spectrum, from across New South Wales.

During the online workshops, we will cover four topics:

- diversity of autism
- working together with your child's school
- understanding sensory processing
- understanding behaviour.

These workshops are part of a series of sessions but you can choose if you would like to register for each session or just the individual ones you are able to join.

**Please note that this is not a webinar but is an online workshop where we will work collaboratively together online across the sessions.*

Location:

NEW SOUTH WALES
via zoom online

Dates & Times (AEDT):

Diversity of Autism

Tues 2 Feb, 2021
10:00 AM - 12:00 PM

Sensory Processing

Tues 9 Feb, 2021
10:00 AM - 12:00 PM

Understanding Behaviour

Tues 16 Feb, 2021
10:00 AM - 12:00 PM

Working Together

Tues 23 Feb, 2021
10:00 AM - 12:00 PM

http://



For more information and to register, visit www.positivepartnerships.com.au or contact Rachael Dillon rdillon@autismspectrum.org.au