



St Bernadette's Parish School, Lalor Park
18 Wheeler Street (PO Box 4161)
Lalor Park, NSW 2147
Phone: 8869 6400

Newsletter

Website: www.stbernadetteslalorpark.catholic.edu.au

Term 3 Week 10 Newsletter

Principal's Message

Thank you parents, carers, family members and students for all your hard work throughout Term 3. Remote learning has certainly been a challenge! It's amazing to see the high rate of student work that was completed throughout the term. This is a credit to students and all those who have supported them.

Next term will begin with remote learning continuing. The school site is only open to students where parents are essential workers. I want to thank families for their continued adherence to the health guidelines that are keeping us safe.

Learning will commence on Tuesday the 5th of October. Processes currently in place will continue largely unchanged. We will continue to focus on Religion, Literacy, Numeracy and Science. We have received a communication to indicate that reports can reflect local contexts. We will communicate more in regards to reporting next term.

Staff will be participating in a virtual **Staff Development Day on Friday 8th of October**. This is Friday of week 1. There will be no scheduled remote learning or onsite supervision available.

These holidays I pray that everyone in our community takes the time to rest and recharge. In this time of lockdown many of us are feeling more stressed as the days and weeks pass. With the pressure of remote learning eased for a time let go and see the good in all around you!

Staff News

This week we farewell Mrs Fairhurst after seventeen years of dedicated service. We wish Mrs Fairhurst all the best as lifes journey continues!

Last Sunday Mrs Ellard welcomed a baby girl, Scarlett to her family. Both mum and baby Scarlett are healthy and doing well. Congratulations Mrs Ellard!

It is with mixed emotions that I announce that Ms Matthews will be leaving St Bernadette's at the end of the year. Ms Matthews has secured a permanent position at Santa Sophia. She will spend two weeks early next term at her new school planning. Ms Matthews will be missed and is thanked for the great contribution she has made to St Bernadette's.

NAPLAN

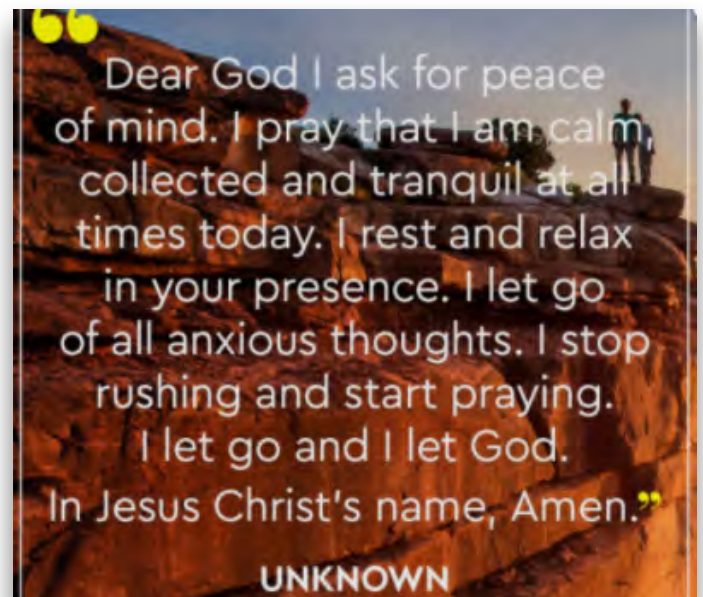
NAPLAN results are available for Years 3 and 5 parents to collect from the school office.

An early evaluation of our results is very pleasing with a general school trend indicating improvement in most areas. This is a testament to the hard work of our staff. We have been working consistently on a school improvement plan since 2018 and our results indicate that our work is having a positive impact on student learning.

These results affirm the professional learning journey we have travelled with staff. We are already looking ahead to 2022 and how we can continue to improve learning at St Bernadette's.

Have a restful holiday break.

Mr Phill Kapitanow, Principal



Assistant Principal

Dear Parents, Guardians, Caregivers and friends,

We made it through the term! Thank you to you all for your support and help with leading remote learning with your children. As a parent, I empathise with the challenges of juggling working from home, keeping your children occupied (in my case a toddler!) then organising personal training, art or cooking sessions to break up the day! It does become challenging to make time for yourself to just be.

Thus, as we commence our holidays, I urge our families to take a break from screens and try and organise time to be creative and connected with nature - God's most treasured gift to us or engage with creative fun activities the family can do.

Most of all, enjoy the blessing of your family without the pressures of school work and zoom sessions and have a restful break.

With blessings,

Mrs Mabellynn Buenaventura

(Assistant Principal).



Dates For Your Diary

September

Friday 17th - Last Day for Term 3

October

Monday 4th - Public Holiday - No School

Tuesday 5th - Term 4 Commences

Friday 8th - Staff Development Day - **No School**



**FRIDAY 8TH OCTOBER
STAFF DEVELOPMENT DAY
NO SCHOOL FOR STUDENTS
ON THIS DAY
THANK YOU**

RE with Mrs Stone

Dear Parents, Guardians, Caregivers and friends,

This week marks the end of a very different term of learning and connecting with each other and our faith. Pope Francis in his monthly prayer intention for September 2021 prays that we all will make courageous choices. So with this in mind I would like to acknowledge all the courageous choices families are making and have yet to make, may God hold you closely to His heart and be with you always!

Here is a special prayer to end the term with....

With Blessings, Mrs Meg Stone REC



PATRICIAN BROTHERS'
COLLEGE, BLACKTOWN



ENROL NOW

YEAR 7 2022/2023

Enquiries on 8811 0300
<https://bit.ly/3zS6AhK>

100 FLUSHCOMBE ROAD, BLACKTOWN

Fine young men striving for personal excellence centred in faith

News Items from all of our Teaching Groups

Leading up to the newsletter each fortnight we will be uploading news items to our website. These news items will showcase work from all of our class stage groups, Literacy, Numeracy, Sport and Health, Science, Creative Arts, Library, Bluey's Patch and Let's Cook and Create. Click on the link below to be taken to our website where you can view all of these news items and see lots of photos in our galleries. **Handy Hint:** Press your back arrow ← to come back to the newsletter

 [View our News items](#)

 [Email St Bernadette's School Office](#)

 [St Bernadette's Official Facebook Page](#)



Literacy with Mrs Maher

Thank you to all the students who entered our **Book Week Writing Competition**. Everyone did a fantastic job and reading your entries has kept me entertained for days! Below are the winners from each class.

Congratulations to our winners, well done.

All entries will be published in a St Bernadette's Writing Competition book which will be available in the library to borrow.

We will be in touch Week 1 of Term 4 about the collection of prizes.



Class	Winners	Winners
ES1	Evie Matutina	Rowan Borg
	Year 1	Year 2
Stage 1 White	Jaxon Thit	Kasandra Malizija
Stage 1 Blue	Arabella Miliatis	Patrick Vlatko
Stage 1 Gold	Antonio Barikhan	Francis Johnson
	Year 3	Year 4
Stage 2 White	Harry Nash	Zarina Jaffar
Stage 2 Blue	Maddie Francis	Alex Zaroutski
Stage 2 Gold	Lucie McDonald	Stella Cragg
	Year 5	Year 6
Stage 3 White	Pearl Miggins	Zara Astillo
Stage 3 Blue	Noah Carter	Caleb Palafox
Stage 3 Gold	Aneika Buhagiar	Chloe McHugh

Thank you for all your hard work with remote learning this term. Remember to read, read, read and enter the **Holiday Reading Challenge!!!**

Take care, stay safe and hope to see you all soon, fingers crossed.

Lorraine Maher

Literacy and Diversity Leader.



Library News with Mrs O'Brien

Premier's Reading Challenge

Congratulations to the following students who have completed the Premier's Reading Challenge for 2021;

Samuel T (Stage 1), Marcus R (Stage 2) and Chloe (Stage 3)

Well done to these students!!

The Premier's Reading Challenge has now closed for 2021. Congratulations to all the students who participated in the Premier's Reading Challenge this year!

St Bernadette's Holiday Reading Challenge

All students at St. Bernadette's are invited to participate in the St. Bernadette's Holiday Reading Challenge.

Students will be required to read a specific number of books for each stage, over the 2 week holidays. Please note that Stage 2 and Stage 3 have increasingly less books to read due to the complexity and length of books at this level. All students who participate in this challenge will go in the draw to win some prizes in Term 4.

Grade	Amount of Books to read
Early Stage 1	10 or more books
Stage 1	8 or more books
Stage 2	6 or more books
Stage 3	4 or more books



In Week 1 of Term 4, students will be able to upload their reading logs to Google Classroom for this challenge.

Please refer to the 'Holiday Reading Challenge' parent note for more information.

Thank you,

Monique O'Brien (Teacher Librarian)

Science News

Marble Run Family Challenge

The challenge to each family is to make a marble run of your own at your house on a wall or board! Use any materials you can find around the house to create a path for your marble/ball to run.

This challenge can be started in Week 10 and worked on during the holidays. Families are encouraged to take a short video clip of their marble run in action. These video clips can be sent to the school email address in Week 1 of next term. We hope to create an imovie of all the marble run video clips put together. More information about the Marble Run Challenge can be found on Google Classroom.

Thank you,

The Science Team



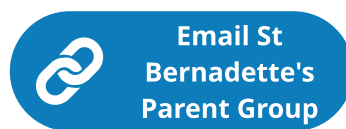
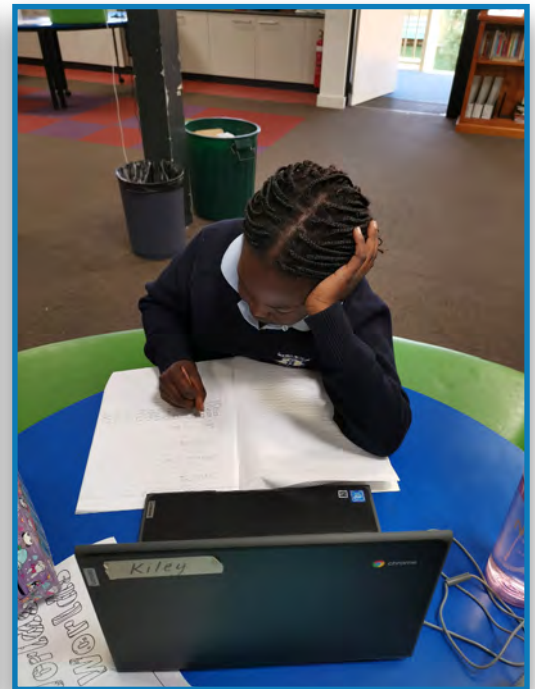
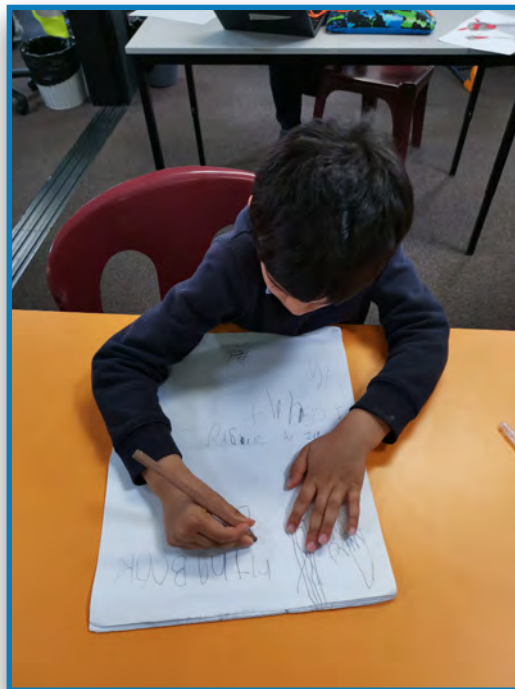
PBS4L

At St Bernadette's we are RESPONSIBLE. We are RESPONSIBLE in all areas of the school when we:

Responsible
<ul style="list-style-type: none"> • Look after school equipment, our own and others belongings • Be accountable and accept consequences for our actions • Follow staff instructions immediately • Be prepared and organised

When we are in specific areas of the school, as well as continuing to be responsible by looking after school equipment, our own and others belongings, being accountable and accepting consequences for our actions, following staff instructions immediately and being prepared and organised, we also need to:

In these specific areas we are...	Playgrounds	Canteen	Toilets	Office	Learning Spaces
Responsible	<ul style="list-style-type: none"> • Put rubbish in the bins • Be on class line by the second bell 	<ul style="list-style-type: none"> • Move to playground after buying 	<ul style="list-style-type: none"> • Have one person per cubicle • Wait outside the toilets for your partner 	<ul style="list-style-type: none"> • Be aware and welcoming of visitors 	<ul style="list-style-type: none"> • Use technology for learning



From our Counsellor

Managing Screen Time

For many kids during lockdown, screens have become the primary source of entertainment and social connection. In preparation for the school holidays, here is some research based advice on managing screen time:

Find out what your child is doing online

Many neurologists refer to the brain as 'plastic'. This is because the activities we engage in and the experiences we have can shape and shift how our brain works. Video games and social media content has the potential to impact a child's brain development. Children need adults to help monitor their choices in video games and apps.

Ensure screen time is balanced with time outside

Many concerns around screen time are related to eye health, posture and sedentary behaviour. Rest breaks and time outside can balance out some of these effects. Perhaps your family could introduce a system where additional screen time can be earned for every 20 minutes outside.

Timing is important

Screen time as soon as kids wake up can jump-start the brain like an electric shock. Screen time just before bed can have a similar effect, rather than calming down before sleep, the brain remains energised. Try to encourage your kids to use screen time during the day rather than the first and/or last activity they engage in.

Model healthy screen use

If your kids are able to see you take breaks from technology at different times in the day, they are more likely to do the same.

An increase in screen time is an inevitable part of lockdown. These holidays, I encourage you to help keep screen time as positive and safe as possible. Enjoy the break!

Emilie Cangy

School Counsellor



Mission III has been activated



BOOKINGS NOW OPEN FOR ROCKETEERS



Kick-start your school holidays with over 250 showcase experiences, at over 200 convenient locations. Your child could be using bricks to build a vast city landscape in *Project: Builders*, creating awesome science art in *Project: Illusions*, partying with piñatas in *Mission: Takeoff III* or jet-setting on one of over 140 different *Adventures* (excursions).



EXAMPLE OF A DAY AT ROCKETEERS

6:30am

Breakfast

Flexible Play options: DIY Keyrings, Morning Yoga.

9:00am

Creative Writing

Get ready for the filmmaking incursion by writing your very own movie scripts!

10:15am

Morning Tea & Briefing

The crew will brief you on the fun program for the day over some fresh fruit and snacks.

10:30am

Incursion time

Make your very own short movie – be the director, writer and star of the show.

12:00pm

Lunch

12:30pm

Group active game

Dodgeball Tournament
Get into groups and avoid the ball in a knockout tournament of dodgeball!

3:30pm

Afternoon tea

4:00pm


Group games

- Wacky science experiments
- Construction fun
- Splash art • Story time

Join Mission III and receive your free mission patch and booklet



Book now at www.campastralia.com.au/rocketeers

by  Camp Australia

ST BERNADETTE'S

Where We Learn and Grow Together

Families can book into 4 distinct types of experiences with Rocketeers (but really, there's hundreds!)



OPERATION: X (Base Camp Day)

At Operation: X, children will experience a program tailored around their passions and centred around a special theme.

In our Mission III, experience Operations such as Creative Origins, Minute Challenge, Cardboard Creations and more.



PROJECT: X (Inursion)

At Project: X, children will be challenged with an exciting experience designed to upgrade their skill sets and enhance their fun!

In our Mission III, experience Projects such as Mission: Takeoff III, Building Challenge, Illusions and more.



EXPERIENCE TAKEOVER (Inursion)

At the Experience Takeover, we'll be visited by special guests. These experts in their field will be bringing with them an exciting experience for the children to enjoy.

In our Mission III, you'll find Experience Takeovers such as Magic Workshops, Pickleball, Rocketeers: Film Festival and more.



ADVENTURE: X (Excursion)

At Adventure: X, we'll be embarking on a journey outside Base Camp. Every destination is different, every experience – extraordinary.

In our Mission III, experience Adventures such as Sporting Legends, Tenpin Bowling, Indoor Play Centres, Mini-Golf, Wildlife Parks and more.

ALL ABOUT CONVENIENCE

- Over 200 locations Australia-wide
- Enhanced safety and hygiene measures
- Child Care Subsidy available for eligible families



To attend any of our Rocketeers locations, your child does not need to be a student at the school where we operate. Simply register free with Camp Australia and book into your most convenient Rocketeers location.

Book now at www.campaustralia.com.au/rocketeers

by  Camp Australia

THE ROCKETEERS ★ FILM FESTIVAL ★

- Work in a team to write, direct and star in your own short movie!
- All films will be considered for the Film Festival.
- Massive online Film Festival premiers, October 24th.
- Prizes to be won.

Find out more at www.campaustralia.com.au/film-fest

