



Newsletter

Website: www.stbernadetteslalorpark.catholic.edu.au

Term 3 Week 6 Newsletter

Principal's Message

Despite the ongoing lockdown, learning hasn't stopped. This is a testament to the entire community of St Bernadette's. We are working together to ensure learning continues. Congratulations everyone for completing another week!

COVID fatigue or remote learning fatigue is a real thing that presents families with evolving challenges. Continuing to motivate your children to do their school work is a real example of this. Unfortunately there are no quick fixes to this. Your child's mental health plays a big part in how motivated they are to attempt and complete work. Sometimes the mental health of our children is not so evident. Instead we see children who are argumentative, defiant or lazy. These are all real examples of behaviours that may indicate your child needs a little more;

- Connection to others
- Opportunities to get outside and exercise
- Routine in their daily lives

We have made a conscious decision to include well being activities in every Stage's weekly teaching. These should be viewed as opportunities for students or even the whole family to spend some time together building up their mental health muscles. It's an opportunity to provide your children with the gift of real strategies that will serve them throughout their life.

Over the last 2 weeks we have been working on ways to improve the amount of students accessing and completing mathematics tasks across the school. It is affirming to see that completion rates are up and in line with literacy task completion. We are experiencing a high rate of work completion and this affirms the work that teachers are doing and more importantly how we are asking students to do this work.

Our focus moving forward is to continue to refine what we are doing to ensure all students can access learning equitably. We are providing many alternate modes of learning for different students and will continue to do this.

Happy Friday commenced this week. We encouraged the whole community to complete their learning by 12pm and then switch off the devices and start to enjoy the weekend. A reminder that staff will be working, but they will not be available to answer questions or requests. This is a time for staff to work collaboratively to prepare for the following weeks learning.

Prayer is a practical way to be optimistic. In these times we need to maximise positive thoughts. Too much negativity has a less than desirable effect. This prayer focuses on the beauty around us and the blessings we have received. Don't be too hard on yourself and limit the comparisons to others knowing you are doing your best at this time. Lockdown is a fantastic time to embed a tradition of prayer into your family's daily life.

I would like to thank all our families for keeping your children at home. COVID 19 has affected schools within the Blacktown LGA and by staying at home you are minimising this potential health effect for your family.

Stay safe everyone! Mr Phill Kapitanow, Principal

**Dear God - For this day,
help me to keep my heart open.
Help me to observe the beauty around me;
to appreciate all that I see.
Help me to notice the blessings in my life,
and to ignore those things that do not
measure up to my expectations.
Guide me dear God to be of service to others,
and to go through this day with
humor and grace, and no regrets.
Through Jesus Christ, our Lord we pray.**

Amen.

JOYCE HART
ST. GEORGE'S MAPLEWOOD
PRAYERS OF PANDEMIC FROM
THE DIOCESE OF NEWARK
DIOCESEOFNEWARK.ORG/COVID-19/PRAYERS

From Our Assistant Principal

Dear Parents, Guardians, Caregivers and friends,

I hope everyone is doing well considering the current situation. May I thank you all for the extremely hard work you are doing at home to support your children's learning in addition to all your other responsibilities. I know that with our little guy, I do realise how challenging it is to try and work from home whilst being a parent, an educator and all of the above! It is lovely to at least see some of you in the parent zooms - please make sure you stay connected with family and friends.

By now your children should be familiar with the Numeracy online resource - Matific. If you and your child would like to participate in a quick survey with regards to how you're finding this resource our Matific representative would appreciate your thoughts. The survey can be accessed through here: <https://jackyherman.typeform.com/to/w3KHBOHS>

In the meantime, stay safe and make sure to make time for yourself, as a family and with God.

With Blessings,

Mrs Mabellynn Buenaventura , Assistant Principal



RE with Mrs Stone

This week we recognise and reflect on the 'Feast Day of the Assumption of Mary' which was celebrated on Sunday the 15th August, 2021.

Our Catholic tradition teaches us that Mary, the Mother of Jesus, was taken body and soul into heaven as a reward for her faithfulness. Her life and devotion should be an example for us.

'Mary, give me your Heart: so beautiful, so pure, so immaculate; your Heart so full of love and humility that I may be able to receive Jesus in the Bread of Life and love Him as you love Him and serve Him in the distressing guise of the poor.' ~ Saint Mother Teresa

Let our faith be strengthened and may we continue to support each other through these difficult times. Take care of each other always.

With Blessings, Mrs Meg Stone REC



News Items from all of our Teaching Groups

Leading up to the newsletter each fortnight we will be uploading news items to our website. These news items will showcase work from all of our class stage groups, Literacy, Numeracy, Sport and Health, Science, Creative Arts, Library, Bluey's Patch and Let's Cook and Create. Click on the link below to be taken to our website where you can view all of these news items and see lots of photos in our galleries. **Handy Hint:** Press your back arrow ← to come back to the newsletter

 [View our News items](#)



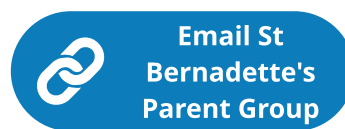
PBS4L

At St Bernadette's we are SAFE in all areas of the school when we:

Safe
<ul style="list-style-type: none"> • Keep our body to ourselves • In the right place at the right time • Move/ walk around the school calmly & quietly • Use equipment and resources for their intended use

When we are in specific areas of the school, as well as continuing to be safe by keeping our bodies to ourselves, being in the right place at the right time, moving/walking around the school calmly and quietly and using equipment and resources for their intended use, we also need to:

In these specific areas we are...	Playgrounds	Canteen	Toilets	Office	Learning Spaces
Safe	<ul style="list-style-type: none"> • Wear our hats • Sit to eat our own food • Stay in bounds 	<ul style="list-style-type: none"> • Line up in our stage lines • Join the end of the queue 	<ul style="list-style-type: none"> • Take a partner • Close the door carefully • Wash our hands 	<ul style="list-style-type: none"> • Walk sensibly to and from the office • Sit/ stand and wait for assistance 	<ul style="list-style-type: none"> • Ask permission to leave the Learning Space



Library News

Premier's Reading Challenge

Congratulations to the following students who have completed the Premier's Reading Challenge for 2021; Maisie Lea T (ES1), Georgia R (S1), Eva D (S2) and John Paul E (S3) Well done to these students!!

Please note: The Premier's Reading Challenge has now been extended for a further 2 weeks until Friday, 3rd September, 2021. Please contact me if you have any questions about the Premier's Reading Challenge.

Book Week

The Official CBCA Book Week is still on!!

We are still celebrating this very special week in Weeks 7 and 8 of this term. More information about Book Week will be in the Book Week note.



E-Books and Audio Books

Students have access to a wide range of e-Books and audio books on the e-Library. See the Students Guides attached to Week 4 newsletter for more information.

Thank you, Monique O'Brien (Teacher Librarian)

Literacy with Mrs Maher

Hello everyone,

It's been great to see so many parents and children on the zoom. Whilst it is challenging learning remotely, it's been wonderful to see so many children engaged in their Literacy learning.

Book Week Writing Competition

With Book Week fast approaching over weeks 7 and 8, there are many fun activities to engage in at home together. This year's theme of Old Worlds, New Worlds, Other Worlds, opens up a whole world of imaginative ideas!

This year, we are continuing the Book Week Writing Competition and students will be receiving information about the writing task from their class teachers.



Students are encouraged to write an imaginative text of their choice about an Old World, New World or Other World. They should plan their writing and spend time making good word choices to engage their reader.

There will be prizes for winners in each grade. All entries need to be uploaded to the class Google Classroom by Friday 3rd September Week 8.

I am looking forward to reading some great imaginative texts!

Stay safe everyone and keep up the great work.

Lorraine Maher

(Literacy and Diversity Leader)